



thornbridge outdoors

MLTE

**Climbing Wall Award
Training**

2 Days
Peak District

Course Information



MLTE Climbing Wall Award

A 2-day programme delivered by Thornbridge Outdoors, near Bakewell in the Peak District. All aspects of the syllabus of the Climbing Wall Award will be covered.

The programme will include:

- Equipment
- Belaying
- Personal Climbing and Movement Skills
- The Climbing Wall Environment
- Supervision / Group Management
- Abseiling

Dates:

Please see www.thornbridgeoutdoors.co.uk/courses for the latest course dates.

The course is delivered over 2 days.

Cost:

Please see www.thornbridgeoutdoors.co.uk/courses for current course costs.

A non-refundable deposit of £50 or a purchase order is required to secure a place.

All cheques / purchase orders should be made payable to Sheffield City Council

Balance payable at least 30 days before the course begins.

Please note: the course cost does not include entry fee to climbing walls used during the course.

Registration:

Before attending a training course you must have registered for the CWA scheme with a mountain leader training board (MLTE, MLTNI, MLTS or MLTW). To do this you need to be a current member of the BMC or another mountaineering council.

Details from: MLTE
Siabod Cottage
Capel Curig
Conwy
LL24 0ET

T: 01690 720314
E: info@mlte.org
W: www.mlte.org



Booking:

Please send a booking form and deposit to confirm a place. Booking forms are available to download on our website.

Experience:

Candidates should have at least 6 months personal climbing experience* and have an interest in the supervision of novices in this activity.

*Note: outdoor experience is not essential (but beneficial) for this award.

Candidates must have climbed on artificial walls on at least 15 occasions, visited at least three different walls and successfully led climbs on walls.

Arrival:

The course will start at 9.30am on day 1 at [The Foundry Climbing Centre](#) in Sheffield (NOT THORNBRIDGE OUTDOORS). Address for The Foundry: Unit 2, 45 Mowbray St, Sheffield, South Yorkshire S3 8EN. Tel: 0114 279 6331

The venue for day 2 will be [The Manchester Climbing Centre](#). Address: St.Benedict's Church, Bennett Street, Manchester, M12 5ND. Tel: 0161 2307006

Finish:

The course will **finish at 5.00pm** on day 2.

Instruction:

All instruction will be provided by qualified and experienced Thornbridge Outdoors staff.

Meals:

Participants need to bring their own packed lunch on both days of the course.

Accommodation:

The course is non-residential.





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If you require accommodation for the course bed and DIY breakfast or camping may be available at Thornbridge (at an additional charge) – please phone to enquire. If accommodation is not available at Thornbridge we will give you details of alternatives available in the area.



Programme:

	DAY 1	DAY 2
A.M	Introduction – outline of the course & syllabus. Review of personal experience Equipment Warming up Belaying	Meet at Wall 2 The Climbing Wall Environment Planning, organising and managing sessions Basic problem solving Group management
P.M	Personal climbing skills Movement skills Leading routes	Abseiling Log books and Action Plan
EVE	Climbing Wall – development Climbing wall rules and etiquette Duty of care	

Please note that this programme is flexible and may be subject to change.

Personal Equipment:

You should bring your own personal climbing equipment.

Items marked * can be borrowed from Thornbridge Outdoors if necessary.

- * Climbing Harness
- Rock boots / shoes
- * Helmet
- * Belay Device
- Pen and paper
- MLTE Log book & syllabus

First aid:

Course participants should have a small personal first aid kit. Additional first aid equipment will be provided by Thornbridge.

Specialist equipment:

All other technical equipment will be provided.

Health and medical:

Please contact Thornbridge and/or inform your course director if any medical issues arise before the course which may prohibit you from taking part fully, or may jeopardise yourself or others.

Check list

When booking:

- Please return the booking form
- Pay deposit / full amount / purchase order request to secure your place
- Ensure you have adequate insurance

30 Days before the course begins:

- Pay final balance

In order to attend a CWA training course, you must:

- Have at least 6 months climbing experience
- Have climbed on artificial walls on at least 15 occasions and have successfully led climbs on walls.
- Visited at least 3 different walls
- Be registered with a MLT board on the CWA scheme

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