

SAFETY IN THE KITCHEN

- Staff and pupils should not climb onto equipment to open and close windows.
- Heavy and bulky food should not be stored on the uppermost shelves.
- A stainless steel skimmer or colander should be used for straining - not the saucepan lid.
- Hands should be dried thoroughly before pulling plugs from their sockets or when using any electrical appliance.
- Do not leave metal utensils in hot and boiling liquids.
- Do not leave the handles of pots and pans over a heat source or over the edge of the cooker where they may be knocked.
- Electric kettles and leads should be placed where young children cannot pull at them - i.e. well away from the front of the worktop - the lead should never hang over the edge.
- Sharp knives should be stored correctly and used only after tuition - they should never be left in water but always placed on a flat surface in view.
- Always use the correct colour chopping board when preparing food
- When using a hand operated can opener, protect the other hand with a clean cloth.
- Never use a damp or damaged cloth as an oven glove.
- All gas and electrical appliances (other than fridges and freezers) should be turned off when not in use.
- Do not reach over naked burning gas appliances or hot elements.
- Always keep foodstuffs separate from all cleaning and sterilising compounds.
- A pan containing hot fat which catches fire should be extinguished with a fire blanket or thick damp cloth. **NEVER POUR WATER ONTO A FAT OR OIL FIRE.**
- Ensure that floors are kept clean and free from grease.

- Great care must be taken that dangerous substances (e.g. cleaning fluids) are always out of reach of children. Such substances should always be kept in their correct containers and not transferred to unlabelled or incorrectly labelled bottles.
- Clothes should be protected with an apron, tabard or overall made from a washable fabric - plastic will melt.
- Sensible footwear should be worn to prevent slipping and tripping (flip flops and Scholl sandals are not a good idea).
- Long hair should be tied back.