

# Medical centres and hospitals near Thornbridge Outdoors

The list below and directions on the following pages are to assist you should any of your group have an accident during your stay at Thornbridge Outdoors.

If the accident is serious then you need to dial 999 (9999 on internal phones). If the injuries are not urgent but you require medical help then you may consider either calling 111 (9111 on internal phones) or transporting your group member to one of the medical facilities listed below.

We have listed hospitals in Sheffield, even though they are further away than Chesterfield, in case you want a hospital closer to the injured persons family and the extra travel time is not a problem.

Please feel free to take this folder of directions with you, but please return it to Thornbridge Outdoors after use.

You will need to take the relevant medical/parental consent forms and contact details with you.

## **Bakewell Medical Centre (Tel: 01629 816636)**

- Local GP surgery – need an appointment before going.
- Travel time approx 10 minutes.
- Open 0800hrs – 1830hrs (from the 2/4/15 will be closing at 8.00pm on Mondays).
- Need to arrive 15 mins before appointment time in order to fill out registration forms.

## **Whitworth Hospital (Tel: 01629 593003)**

- Minor injury unit open 0800hrs–2200hrs daily.
- Travel time approx 20 minutes.
- Run by nurse practioners rather than doctors.
- Has X ray facility 0900hrs – 1230hrs Monday – Friday .
- Can treat cuts, sprains, burns, foreign bodies and suspected fractures (if X ray department open).
- CANNOT treat definite broken limbs or head (except cuts), neck, back or rib injuries – would need to go to A&E at Chesterfield or Sheffield.
- Consider phoning before going to ensure they have the staff to treat the casualty's injuries.

## **Chesterfield and North Derbyshire Royal Hospital (aka Calow) (Tel: 01246 277271)**

- 24 hour accident and emergency department.
- Travel time approx 30 minutes.

## **Sheffield Children's Hospital (Tel: 0114 2717000)**

- 24 hour accident and emergency department FOR UNDER 16'S ONLY.
- Travel time approx 40 minutes.

## **Sheffield Royal Hallamshire Hospital (Tel: 0114 271 1900)**

- Travel time approx 40 minutes.
- Minor injuries unit open 0800hrs – 2000hrs 7 days and week (Tel: 0114 271 1900 ).
- Is run by nurse practioners rather than doctors.
- Can treat cuts, sprains, burns, foreign bodies and suspected fractures (has X ray and pot fitting

facilities).

- CANNOT treat head (except cuts), neck, back or rib injuries – would need to go to A&E at the Northern General.
- Eye casualty unit open 0830hrs-1630hrs Monday – Friday.
- Out of those hours go to minor injuries unit or A&E at the Northern General.

**Sheffield Northern General Hospital (Tel: 0114 243 4343)**

- 24 hour accident and emergency department.
- Travel time approx 50 minutes.