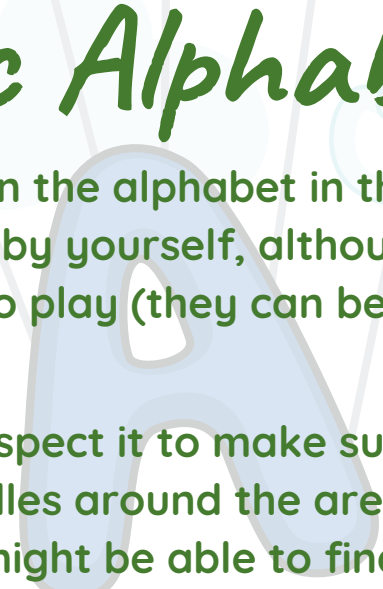
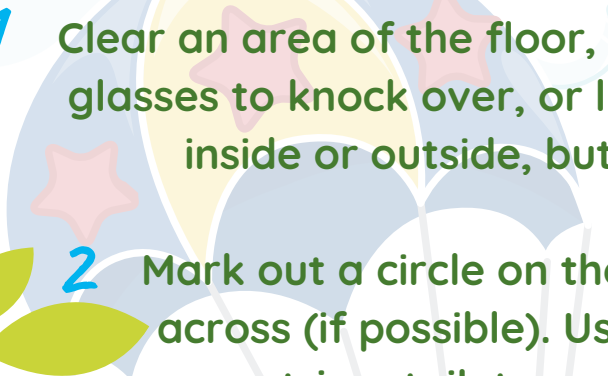




Manic Alphabet

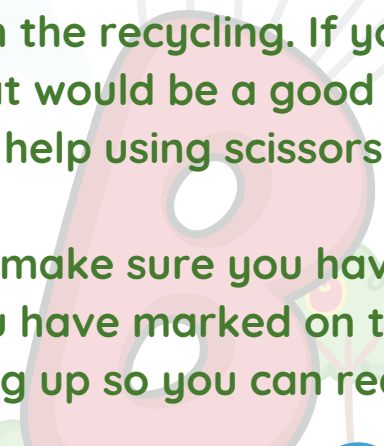
Your aim is to touch every letter in the alphabet in the correct order, as quick as possible! This game can be played by yourself, although it's best played as a team so see if anyone else wants to play (they can be children or grown ups).

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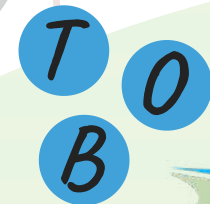
1 Clear an area of the floor, and inspect it to make sure there are no sharp edges, glasses to knock over, or lit candles around the area. (This game can be played inside or outside, but you might be able to find more space outside).
- 

2 Mark out a circle on the floor in this clear area about a couple of metres across (if possible). Use something to mark out the circle - maybe rope or string, toilet paper or rolled up sheets, wool or washing up line?
- 

3 Cut out 26 circles from paper or cardboard from the recycling. If you trace around the bottom of a beaker/cup that would be a good size for the circles. Ask a grown up if you need help using scissors.
- 

4 Write a different letter of the alphabet on each circle (make sure you have one of each letter). Now, lay the alphabet out in the circle you have marked on the floor, all jumbled up in a random order, with the letters facing up so you can read them.
- 

5 Mark out a start/finish line a couple of metres from the circle on the floor, and wait behind it (so the line is between you and the circle of letters).



- 6 Your challenge is to see how quickly you can run from the start line and touch all of the letters in alphabetical order with your hand, then run back to the finish line. You can do this as individuals, taking turns to see who can come up with the quickest plan. Or, you can do it as a team, with each person touching a share of the letters (with 2 players - you each touch half the letters, with 3 players - you each touch 1/3 of the letters, and so on). Remember to time your attempt.

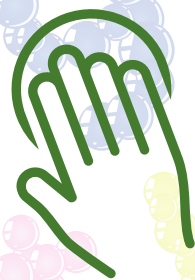


- 7 When you have had one go the real challenge begins, because you need to see if you can do it quicker than before. Remember: come up with a plan, take on the challenge, and then review what went well and what could be improved.



If you want to make it
harder

Get someone to give you words to spell and see how fast you can spell a word.



3 Key Rules

- 1 The alphabet circles cannot be moved.

If you want to make it
easier

Turn over the alphabet circles as you touch them in order.

- 2 The timing will start when the first team member crosses the start line, and stop when the last team member crosses the finish line.

- 3 Only 1 person is allowed in the circle on the floor at a time. If a letter is touched when more than 1 person is in the circle then it won't be counted.

Remember to wash your hands after playing!

Ready, steady, go!

